



BISA SPA MENU.

ABOUT BALI BISA

Known as South East Asia's leading spa academy, Bali BISA is recognised globally for its exemplary levels of service.

Our therapists are internationally qualified tutors teaching students from around the world. All spa treatments and programs have been developed by Penny Ellis, a veteran in the the spa industry, and Bali BISA's experienced team, making our spa menu unique.

We at Bali BISA look forward to meeting you and learning more about your needs.

TRADITIONAL TREATMENTS FROM
AROUND THE WORLD HAVE BEEN USED
FOR CENTURIES TO ASSIST THE
WELLBEING OF LOCAL RESIDENTS.

**INDULGE IN OUR LUXURY COMPLEMENTARY
FOOT BATH RITUAL WITH YOUR MASSAGE**

Balinese Massage	60'	180K
Javanese Massage	60'	180K
Foot Reflexology	60'	180K
Hand Reflexology	60'	180K
Thai Massage with Herbal Pack	90'	270K
Foot & Hand Reflexology	90'	270K
Shiatsu	90'	270K
Ashiatsu	90'	270K





HOLISTIC MASSAGE TREATMENTS.

Hawaiian Lomi Lomi Massage	60'	180K
Aromatherapy Massage	60'	180K
Bamboo Massage	60'	180K
Warm Stone Massage	60'	180K
Four Handed Massage	60'	360K
Hot & Cold Stone Massage	90'	270K
Warm Stone & Crystal Therapy	90'	270K
Intuitive Massage	90'	270K

MATERNITY TREATMENTS.

Pregnancy Massage	60'	180K
Post Natal Massage	60'	180K

Baby Massage	60'	250K
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*Mums bring your baby and learn how to give
that tender loving touch*





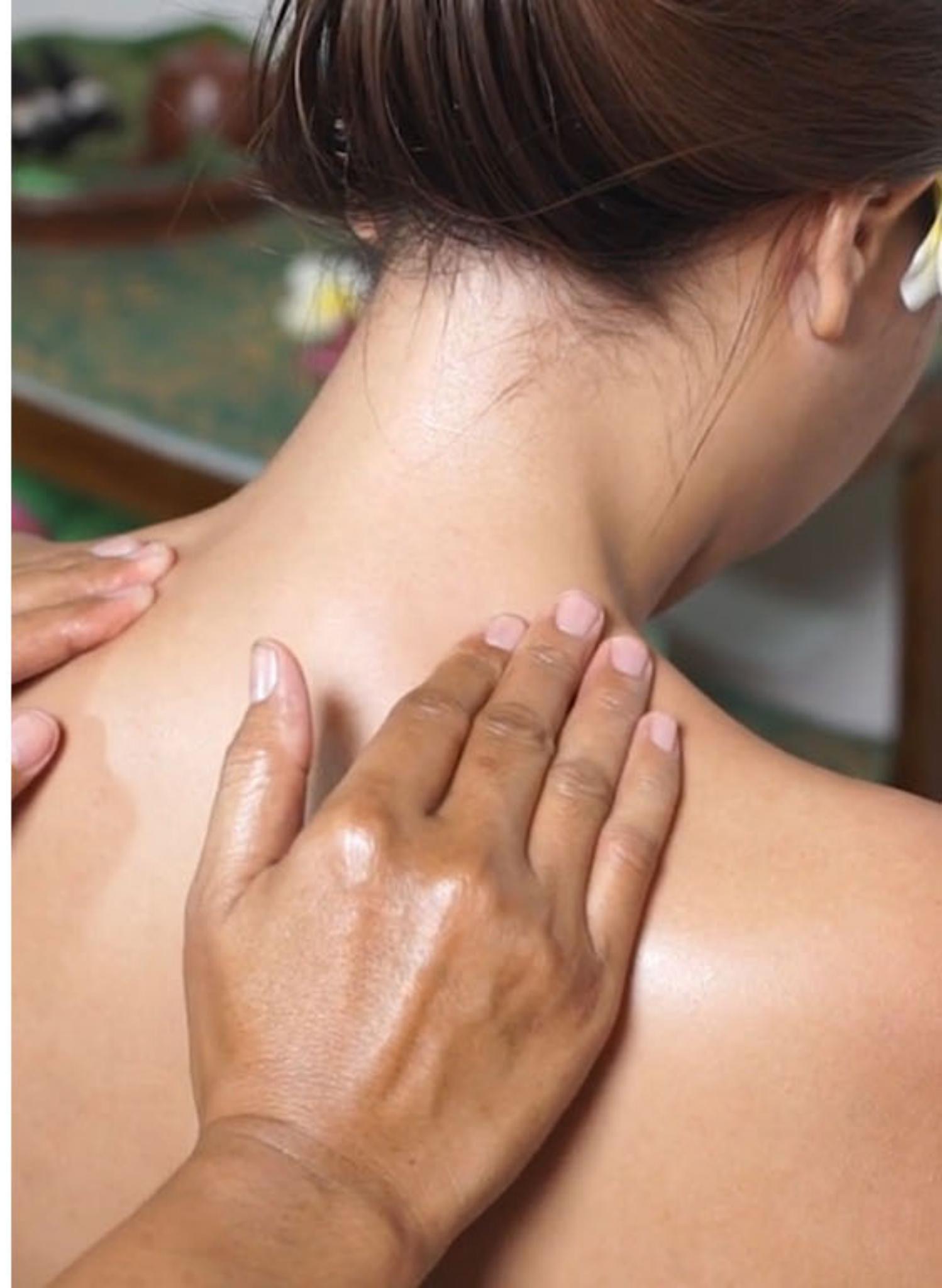
HEALTH & WELLNESS TREATMENTS.

Slimming Massage	60'	180K
Sports Massage	60'	180K
Lymphatic Drainage	60'	180K
Swedish Massage	60'	180K
Sports Massage & Treatment G5	90'	270K
Slimming Massage & Treatment G5	90'	270K

Slimming Massage Package	120'	360K
- <i>Massage</i>	45'	135K
- <i>G5</i>	20'	60K
- <i>Faradic Treatment</i>	25'	75K
- <i>Slimming Wrap Treatment</i>	30'	90K

AYURVEDIC HEALTH & WELLNESS TREATMENTS.

Ayurvedic Head Massage	45'	135K
Ayurvedic Body Massage	60'	200K
Shirodhara	60'	200K
Ayurveda Package	90'	400K



**ADD A BODY
SCRUB OR
BODY WRAP
TO YOUR
MASSAGE.**



CHOOSE BETWEEN

Chocolate & Coffee Scrub
Javenes Lulur Body Scrub
Coconut Body Body scrub
Slimming Body Wrap
Boreh Body Wrap
Papaya Body Wrap

45' IDR 135K



AESTHETICS **TREATMENTS.**

FACIAL CARE.

Traditional Facial	60'	150K
Prescription Facial	60'	250K
Luxury Facial	90'	300K
Signature Bali BISA Hydra Facial.....	90'	375K
Micro - lifting (None Surgical Face Lift)	60'	275K
Hydra Facial + Microlifting	120'	470K
(None surgical face lift)		

LUXURY HAIR CARE.

Traditional Creambath Hair Treatment.....	60'	180K
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WARM WAX & SUGAR WAX ARE USED.

Under Arm	15'	80K
Full Arm	30'	140K
Half Leg	30'	140K
Full Leg	60'	280K
Bikini Line	20'	140K
Brazilian	30' - 45'	160K
Back & Shoulder.....	90'	300K
Shoulder.....	45'	150K
Chest (for Men).....	45' - 60'	300K

FACIAL HAIR REMOVAL.

Eyebrows	20'	140K
Upper Lip	10'	70K
Nose	10'	70K
Chin	10'	70K
Cheeks	10'	70K
Forehead	10'	70K





LUXURY NAIL CARE.

Deluxe Manicure	60'	180K
Deluxe Manicure with Paraffin Wax Treatment	90'	250K
Deluxe Pedicure	60'	180K
Deluxe Pedicure with Paraffin Wax Treatment ...	90'	250K
Shellac Nail Polish		100K
French Nail Polish		80K

A person with long hair is performing a backbend yoga pose on a wooden deck. They are wearing a dark long-sleeved top and leggings. Their right arm is extended upwards, and their left arm is reaching down towards the ground. The background shows a body of water and a distant shoreline with some buildings.

HEALTH & WELLNESS PROGRAM.

Following a consultation with your therapist and an analysis of your body type. Your personal needs and issues will be discussed.

We will customize a program for your personal needs. This could include:

1. Your general state of health
2. Any injuries or concerns you have.
3. Stress levels.
4. Exercise
5. Diet

IF YOU LISTEN TO YOUR BODY WHEN IT WHISPERS,
YOU WON'T HAVE TO HEAR IT SCREAM.

CREATE HEALTHY HABITS, NOT RESTRICTIONS.
YOUR LIFE ONLY GETS BETTER WHEN YOU DO.

THE FOOD YOU EAT CAN EITHER BE THE SAFEST
AND MOST POWERFUL FORM OF MEDICINE OR
THE SLOWEST FORM OF POISON.

EMBRACE AND LOVE YOUR BODY.

You may require more than one treatment with us
Choose Your Own Package

2 Hour Package	350K
3 Hour Package	525K



WELLNESS IS THE COMPLETE
INTEGRATION OF BODY, MIND,
AND SPIRIT -
THE REALIZATION THAT
EVERYTHING WE DO,
THINK, FEEL, AND BELIEVE
HAS AN EFFECT ON OUR
STATE OF WELL-BEING.

-GREG ANDE-



**BOOK
NOW.**

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