



BISA COURSES

FUN DAILY COURSES

BC101	1 day Traditional Balinese Treatment	\$ 180	1 day
BC102	2 day Traditional Balinese Treatment	\$ 360	2 day
BC104	4 day Traditional Balinese Treatment	\$ 420	4 day

FOUNDATION MASSAGE COURSES

BT104	Balinese Massage	\$ 564	5 days
BT105	Javanese Massage	\$ 564	5 days
BT106	Body Scrubs & Wraps	\$ 564	5 days
BT111	Swedish Massage	\$ 564	5 days
BT112	Warm Stone Massage	\$ 564	5 days
BT113	Anatomy & Physiology	\$ 564	5 days

AESTHETIC TREATMENT COURSES

BT107	Waxing Hair Removal	\$ 564	5 days
BT108	Manicure & Pedicure	\$ 564	5 days
BT109	Traditional Creambath Hair Treatment	\$ 564	5 days
BT110	Traditional Facial	\$ 564	5 days
BT110A	Facial Skin Care Treatments	\$ 564	5 days
BT110E	BISA Electrical Facial Treatment	\$ 1,200	10 days
BT110M	BISA Facial Care for Men	\$ 564	5 days

HOLISTIC TREATMENT COURSES

H111	Hot & Cold Stone Massage	\$ 594	5 days
H116L1	Foot Reflexology Level 1	\$ 594	5 days
H116L2	Hand Reflexology Level 2	\$ 594	5 days
H117	Thai Massage with Herbal Pack	\$ 594	5 days
H117A	Thai Foot Stick Massage	\$ 594	5 days
H118	Shiatsu	\$ 1,188	10 days
H118A	Ashiatsu	\$ 594	5 days
H120	Hawaiian Lomi Lomi Massage	\$ 594	5 days
H123	Aromatherapy Massage	\$ 1,188	10 days
H125	Bamboo Massage	\$ 594	5 days
H127	Intuitive Massage	\$ 1,188	10 days
H129	Crystal Healing	\$ 594	5 days
H130	Warm Stone & Crystal Therapy	\$ 1,188	10 days

AYURVEDIC TREATMENT COURSES

H112	Basic Ayurvedic Head Massage	\$ 594	5 days
H113	Basic Ayurvedic Body Massage	\$ 594	5 days
H114	Shirodhara	\$ 594	5 days

MATERNITY TREATMENT COURSES

H115	Pregnancy Massage	\$ 594	5 days
H115A	Baby Massage	\$ 594	5 days
H115B	Post Natal Massage	\$ 594	5 days

HEALTH AND WELLNESS TREATMENT COURSES

H121	Slimming Massage	\$ 594	5 days
H121B	Slimming Massage and Treatment	\$ 1,188	10 days
H122	Sports Massage	\$ 594	5 days
H122B	Sports Massage and Treatment	\$ 1,188	10 days
H124	Lymphatic Drainage Massage	\$ 1,188	10 days

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P120 AYURVEDIC COURSE PACKAGE

\$ 1,604 15 days

Basic Ayurvedic Head Massage
Basic Ayurvedic Body Massage
Shirodhara

P121 BALINESE TRADITIONAL SPA RITUALS

\$ 2,707 20 days

Balinese Massage
Traditional Body Scrubs & Wraps
Traditional Creambath Hair Treatment
Traditional Facial

P122 INTERNATIONAL SPA THERAPY PROGRAM

\$ 2,755 30 days

Swedish Massage
International Scrubs and Wraps
Warm Stone Massage
Aromatherapy Massage
Hawaiian Lomi Lomi Massage
Anatomy & Physiology

P123 FOUNDATION AESTHETIC THERAPY COURSE

\$ 2,707 30 days

Waxing Hair Removal
Manicure & Pedicure
Traditional Creambath Hair Treatment
Traditional Facial
Anatomy & Physiology

P124 SPICE ISLAND PACKAGE

\$ 1,700 15 days

Massage for Males and Females
Tropical Nut Scrubs and Spice Wraps
Head Massage and Traditional Facial

P125 MATERNITY CARE COURSE PACKAGE

\$ 1,752 20 days

Pregnancy Massage
Baby Massage
Postnatal Massage
Anatomy & Physiology

P126 JAVANESE TRADITIONAL RITUALS FROM INDONESIA

\$ 1,770 15 days

Javanese Massage
Javanese Body Scrubs and Wraps
Javanese Facial

P127 FOUNDATION SPA THERAPY COURSE

\$ 2,707 30 days

Balinese Massage
Javanese Massage
Traditional Body Scrubs & Wraps
Swedish Massage
Warm Stone Massage
Anatomy & Physiology

P128 REFLEXOLOGY PACKAGE COURSE

\$ 1,070 10 days

Foot Reflexology
Hand Reflexology

P129 THAI MASSAGE PACKAGE COURSE

\$ 1,070 10 days

Thai Massage with Herbal Pack
Thai Foot Stick Massage



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P130 SHIATSU MASSAGE PACKAGE COURSE

\$ 1,604 10 days

Shiatsu
Ashiatsu

P131 BAMBOO, LOMI LOMI & CRYSTAL HEALING

\$ 1,604 15 days

Bamboo Massage
Hawaiian Lomi Lomi Massage
Crystal Healing

P132 AROMATHERAPY, INTUITIVE. WARM STONE & CRYSTAL

\$ 3,208 30 days

Aromatherapy Massage with 6 Aromatherapy Oils
Intuitive Massage
Warm Stone & Crystal Therapy

P133 SLIMMING, SPORTS & LYMPHATIC DRAINAGE

\$ 2,139 20 days

Slimming Massage
Sports Massage
Lymphatic Drainage Massage

P134 ADVANCE SLIMMING, SPORTS & LYMPHATIC DRAINAGE

\$ 3,716 35 days

Slimming Massage & Treatment
Sports Massage & Treatment
Lymphatic Drainage Massage
Anatomy & Physiology

P136 INTERNATIONAL FACIAL COURSE PACKAGE

\$ 1,015 10 days

Facial Skin Care Treatment
BISA Facial Care for Men

P137 ESSENTIAL FACE CARE & ELECTRICAL FACIAL

\$ 2,400 20 days

TEACHER TRAINING PROGRAM

TT124 Teacher Training Program for Spas

\$ 1,782 15 days

TT125 FOUNDATION BODY & AESTHETIC THERAPY

\$ 3,600 60 days

Balinese Massage
Javanese Massage
Traditional Body Scrubs & Wraps
Swedish Massage
Warm Stone Massage
Waxing Hair Removal
Manicure & Pedicure
Traditional Creambath Hair Treatment
Traditional Facial
Anatomy & Physiology

MANAGEMENT COURSES

MT126	Spa Management	\$ 2,600	5 days
MT127	Spa Director	\$ 2,160	5 days
MT128	Spa Owner	\$ 2,500	5 days
MT129	Spa Consultant	\$ 2,160	5 days

ONLINE COURSES

MT126	Spa Management online	\$ 1,860
MT127	Spa Director online	\$ 1,860
MT128	Spa Owner online	\$ 1,860
MT129	Spa Consultant online	\$ 1,860
BT113	Anatomy & Physiology	\$ 564