

# CIBTAC Student of the Year..

## *Tjokorda Istri AG*

## *Puspita Dewi*

**G**rowing up, Dewi greatly admired her mother's therapeutic spa and massage skills. She regularly saw how she was able to ease pain and increase the general well-being of her clients and this made a lasting impression on Dewi.

From a young age Dewi decided that she would follow in her mother's footsteps, and that she would become a spa therapist, so that she too could help others achieve a higher level of wellness.

Even so, it took some time before she followed her childhood ambitions, as she spent a few years working in the hospitality industry in the USA and Ireland. Finally, she decided it was time to make her childhood passion a reality and she returned to her native home of Bali.

After extensive research, Dewi chose to study at the Bali International Spa Academy due to its excellent reputation worldwide, selecting a CSQ1 Level 3 Diploma in Spa Therapy.

Dewi says: 'During my studies I've learned a lot, including massage

techniques and how to be a professional spa therapist. I cannot say it was an easy journey as, besides the intensive studying and time-consuming assignments, I had to take care of my baby.

*"My ultimate aim is to open my own spa in Ireland that will offer traditional Indonesian spa treatments and Western spa techniques"*

'However, my trainer Wati, who is the senior CIBTAC educator (also a finalist in 2015), and Penny Ellis, principal and founder at Bali BISA (2015's CIBTAC Centre of the Year winner) both gave me lots of support.'

Dewi says that she was thrilled to be awarded

Student of the Year, and that after graduation she's continued to learn the highest standards of spa treatments at the SAMAYA resort in Bali.

'In the future I would like to learn pregnancy massage,' she says. 'When I had my second pregnancy I realised how massage is important to help pregnant women ease the pain and help with comfort. I'd also like to learn beauty treatments and a lot more to widen my skill set as a spa therapist.'

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