

FRIDAY April 11, 2014

The Confederation of International Beauty Therapy and Cosmetology (CIBTAC) recently endorsed the Bali International Spa Academy (Bali BISA) as a training provider of Balinese Massage modalities and maternity packages for pre-and post-natal massages and treatments.

Lesley Blair, a CIBTAC examiner for 17 years, undertook on-site quality assurance to ensure that Bali BISA can constantly deliver the exceptional standards required to receive this prestigious acknowledgement.



Bali BISA's training program was developed through years of research and practice. Its Balinese massage style reflects time-honored historical and cultural influences from China, India, Java, Sweden and other European nations, all while applying safe therapeutic practices consistent with modern day knowledge of human anatomy.

Natural pre-and post-natal care is an area that Bali BISA felt was timely given renewed emphasis on holistic methods to achieve optimum care for mothers and babies. Its newly endorsed program includes method to alleviate discomfort during pregnancy and ways to ease delivery, as well as the application of effective massages and wraps for post birth.