

# Bali Advertiser

17 September – 01 October, 2014



## **SANUR ESALEN**

One of Ubud's most respected visiting teachers, world-renowned Esalen® massage expert Ellen Watson, will hold a workshop further south in Sanur next month, teaming up with Bali BISA.

Touching Essence and Esalen Massage is a five-day Basics program with Ellen Watson and Purnomo Dierta; they will introduce the twelve essential elements of Esalen's approach to healing through touch, with special focus on quality of touch, breath awareness, centering and sensitive rapport between partners. Participants learn safe ways to give and receive feedback about massages with each other.

Suitable for novices who want to learn basic skills, skilled massage professionals wishing to expand their massage portfolio and health care professionals. October 27 – 31, 9am to 5pm. For more info about course and teachers; W. [www.balibisa.com/about-bisa/events/](http://www.balibisa.com/about-bisa/events/)